

Updates: 7/7/09 – The start/finish is at the ICup Trailer under the tram cables. A start sheet is posted on the trailer. Pro laps have been reduced. Pro Women will do 3 laps and pro Men will do 4 laps. The loop was marked with pink flags. If you see anyone destroying the course markings please get a description and let me know at icupracing@yahoo.com.

New lap distances are posted below.

INTERMOUNTAIN CUP - RACE # 9

THE 22nd ANNUAL MOUNTAIN BOUT

Sponsored by: Bingham Cyclery & Snowbird

July 11, 2009, SNOWBIRD, UTAH

GUARANTEED TO PRE-REGISTERED RACERS: A KUHL/Snowbird Cap OR A KUHL Bush Hat OR Cycling socks. There are limited quantities of each. First come first served.

- 8,000', BE COOL.
- START/FINISH AREA DIRECTLY BELOW THE WORLD FAMOUS AERIAL TRAM...NEW, EXCITING SINGLE-TRACK!!
- 22 Years!!

BINGHAM CYCLERY EVENT SCHEDULE

Saturday, July 11

7:30 AM-10:30 AM - Registration and packet pick-up on Level 3 of the Snowbird Center

8:10 AM - 9 & UNDER RACE

8:20 AM - 1ST-Start Racer Meeting

8:30 AM - Start 1st-Start Race, including Sport Women, Women 35+,10-12, Men 57+, Sport/Expert 13-15 & 16-18. Check start sheet below for your category.

10:45 AM – 2nd-Start Racer Meeting

11:00 AM - Start of 2nd-Start Race, All remaining racers

EARLY REGISTRATION

\$33 by July 6, 12 & Under - \$20, Pro Men & Women - \$40

Other Registration:

\$39, 12 & Under - \$25, Pro Men & Women - \$45.00.

ON-LINE REGISTRATION at www.intermountaincup.com. Closes at 6 PM on 7/7/09.

COURSE DESCRIPTION: The race starts at 8,000' near the Snowbird Center (Entry 2) of Snowbird Resort. Course will be marked with arrows and flags. Each lap is about 5 miles with 900+ vertical feet of climbing. New single-track on the front side and in Gad Valley. Maps will be available at the Snowbird Activities Office or at any Bingham Cyclery as soon as the final course is determined. Check www.intermountaincup.com for the most current information.

LODGING: Call Snowbird at 801-933-2222

HOW TO GET THERE: Take Exit 8 off of I-215 and follow signs up Little Cottonwood Canyon to Snowbird. Take Entry 2 into the main parking lot. Start of race is near the base of the tram on Creek Road. Follow signs to registration in the Snowbird Center (base of Tram).

22nd Annual Mountain Bout Snowbird Ski & Summer Resort, July 11, 2009

Intermountain Cup Mountain Bike Racing Series - Race 9

Presented by: Bingham Cyclery

START & FINISH – Snowbird Center **(DISTANCES AND LAPS ARE SUBJECT TO CHANGE)**

7:30 AM-10:30 AM – Day-of Registration – Level 3 Snowbird Center

Cat. & Class	Start Time	Laps	Distance
9 & Under	8: 10 AM	3 -9 & Under Laps	1.2 Miles

8:45 AM Racer Meeting on Start Line

Sport/Expert 13-15	8:30	3	13.5 Miles
Sport/Expert 16-18	8:30	3	13.5 Miles
Clydesdale	8:31	2	9 Miles
Men 57+	8:32	2	9 Miles
Sport Women	8:33	3	13.5 Miles
2 minute Gap			
Beginner Men 30-39	8:35 AM	2	9 Miles
Beginner Men 19-29	8:36 AM	2	9 Miles
Beginner Men 40+	8:37 AM	2	9 Miles
Beginner 16-18	8:38 AM	2	9 Miles
Women 35+	8:39 AM	2	9 Miles
Beginner Women	8:40 AM	2	9 Miles
Beginner 13-15	8:41 AM	2	9 Miles
10-12 Year Olds	8:42 AM	1	4.5 Miles

10:45 AM Racer Meeting

Pro Men	11:00	4	18 Miles
Expert Men 30-39	11:01	4	18 Miles
Single-Speed	11:02	3	13.5 Miles
Expert Men 19-29	11:03	4	18 Miles
Expert Men 40+	11:04	4	18 Miles
Pro Women	11:05	3	13.5 Miles
Expert Women	11:05	3	13.5 Miles
Men 50+	11:06	3	13.5 Miles

Sport Men 30-34	11:07	3	13.5 Miles
Sport Men 35-39	11:08	3	13.5 Miles
Sport Men 19-29	11:09	3	13.5 Miles
Sport Men 40+	11:10	3	13.5 Miles

One Lap is approximately 4.5 miles with 900+' of climbing

START AND FINISH ARE NEAR THE TRAM BASE, Take Entry 2